

Serve single rules

<https://www.youtube.com/watch?v=B-2rkFNZuuQ>

In this video, you will learn the rules for the serve in single.

The serve is used to start the rally and therefore it is essential to know the rules.

The three key points to remember are : the position, the delivery and the scoring.

The position. To begin, stand in the right service court, within the limits of your own service court.

The limits do not include the side tramlines, the forecourt, in front of the service line and the part of the court to the left of the middle line.

In singles, a serve can fall into the back tramline but not the side tramlines.

Make sure the receiver is ready before you swing your racket.

The delivery : Hit the shuttle over the net into the service court diagonally opposit.

The underarm action should be a continuous forward movement.

You are not allowed to feint the opponent and deceive them.

At contact, the shuttle must be below the waist.

Both feet should be stationery on the ground until you contact the shuttle.

The entire racket head should be below the racket hand.

Make sure you hit the base of the shuttle and not the feather or the skirt if it's a synthetic shuttle.

The scoring : If you win the point, you will serve from the service court beside, in this case, the left service court.

If you lose the rally, the opponent gets the serve.

Remember : when the service score is an even number, he serves from the right service court.

When the score is an odd number, they serve from the left service court.

Keep in mind all the points mentioned earlier to hit a legal serve in singles.

Enjoy your game