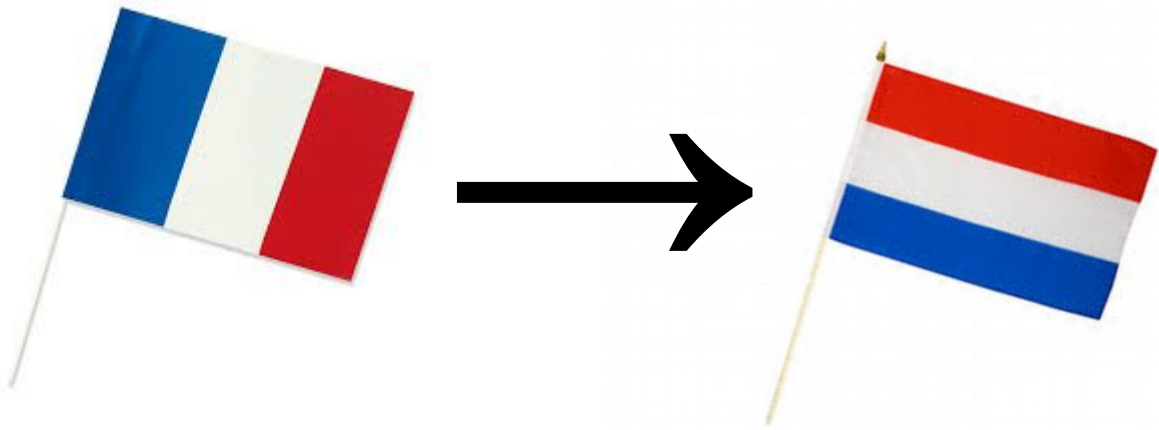


Camille Bouclier



Log Book

Exchange 2017-2018



2.a



My favorite photo

I chose this photo because for me the most important during this exchange was not to discover places, to pay visits but to create links with the penpals. And for me this photo represents this objective. During this trip we were able to exchange with Dutch people and so to discover a new culture. We also got to practise our English. This photo shows the cohesion of the group very well.

2.b



1. Dutch Schools

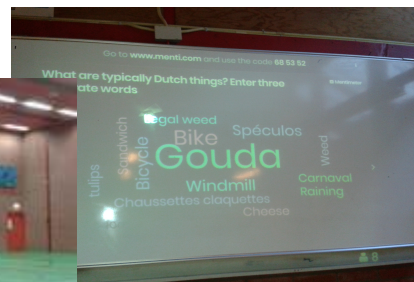
First of all the Dutch pupils go to the school by bike.

Then in France we have a cafeteria for the lunch and hot meals. Here it is a big room just with tables and there is even a stand of fast food inside the high school and the meal is cold.

Gymnasiums are situated inside the high school.

Then the schedules for the lessons are not the same : classes begin at 8:45 am and finish at 3 pm.

And to finish I found that the material is much more modern than ours. The use of telephones is allowed and even listening to music is allowed.



2. Life at home

Unfortunately I was not too much able to benefit from the life at home because we went out a great deal.

I found that houses were very well decorated. On the other hand we cannot remove shoes in the house. Then children do not help too much with the house work. They adore watching formula 1.

The atmosphere is rather friendly and there is a strong complicity with the various members of the family.



3. Everyday life

On weekdays, they have breakfast by 7:30 am, they leave then to work or to school on their bike. In their bags they have their lunch and many snacks. By 12 am they take a short break of 30 minutes to eat their lunch, which is cold and most of the time it's sweet. Then given that they finish school at 3 pm they go out with friends, later they to sport, they go back home by 5:30 pm and eat at 6 pm. After the dinner, they go and have a drink with friends or watch TV.



My breakfast



My lunch



The showcase of the restaurant

4. Streets

The organization of the city is very different, roads are new, the bends are at right angles. On every road you have a cycle track and a pavement.



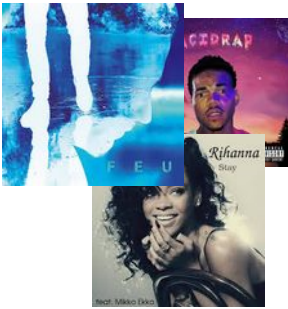
5. Dutch fashion

Dutch Fashion is similar to French fashion. Then certain brands little known in France are very known here. The fashion of decoration is the same with a preference for IKEA.



6. The music

Young people listen to the same music al styles as us. They listen to singers and French rappers however their favorite song seemed to us rather strange the first time. Here is its title : Ik moet zuipen



The favorite song of the dutch students



7. TV programmes

Big difference : they watch TV in English and not in their language. Their's hows are similar to ours. I was able to watch some the formula 1, a show of the similar to new explorers or another show on tattoos.



8. The Weather

I really had the impression that the sun not never rose. It was always cloudy and it is rather often raining.

2.c *My favourite day*

Sunday

My favorite day was Sundays. Normally they involved the day in family, I arrested a little this day because I said to myself that it was going to be complicated to discuss with the family but I hadsuprised. First of all in the morning I woke up at about 8 am, there were no shutters in the room. I hesitated then to go out of my room. I saw that there was nobody in the bathroom, so I went. I met the mom on the doorstep. (Her name is Nicole, the dad Hans, brother Martijn and my penpal Koen) She told me to come down. I came down, she was the only one awake, she explained to me that on Sundays the family slept till 10 am and that after they took a solid breakfast in family.

I chatted with her until the others woke up. My penpal got up at about 10 am, and went to walk Mickey (their dog) in the park situated near the district where they lived. I was so able to admire attractive public places, the clean streets, the facades of similar houses ...

We returned at about 10:45 am, it felt very good the dad had cooked some bread and croissants. At about 11 am we passed in the breakfast. The table was filled there was some sweet food and salty. The parents ate eggs with some bacon. My penpal ate glitter of chocolate on some butter, he explained me that it was a specialty of the Netherlands. Their jams are little sweetened, their delicatessen doesn't to taste which we know him in France.



After the rather copious breakfast, the mom showed me photos of their families y and then explain the place where we were going to go today. During this time my penpal got ready. Dutch adore the gel. We then left to get Martin and his penpal and Rémi but without his penpal because he had a birthday. Thus summons us to arrive at the swimming pool, where we joined the others. The penpals paid for us the entrance. We had great fun all together, there were three big slides and a swimming pool with a diving board. I spent about one hour with my penpal, Wikke and Doriane. The groups was mixed enough. However we did not eat. At about 5:30 pm we left.



When we arrived at the house, we got ready for the party later in the evening. At about 6:30 pm, we took the meal. It was pizza. They had all the ingredients on the table there. Sausages, seafood, some various cheese, some delicatessen, vegetables ... Each making the pizza and cooked it in the middle as a raclette. The meal passed warmly. At about 8 pm we left in the evening to Wikke. This evening, there were two party because they did not prefer to have 44 people at their home. The second was at Jaro's. The evening great well passed, we laughed a lot. Wikke had to install a video-projector and we were able to dance with Just Dance it was funny. I am brought in at about 1 am at my home and we are directly lying.



2.d

English Words	Dutch Words
Goodbye	Tot Ziens
Good luck	Veel Geluk
Hello	Hallo
Thank you	Dankjewel
To sleep	slapen
France	Frankrijk
swimming pool	zwembad
A dog	hond
To eat	Eten
Party	Feest

3.a

The Dutch people don't eat at school, they bring their lunch. I ate the same lunch everyday. I had two brioches with cheese, a bottle of ice tea and a cake in grapes.

3.b

I didn't have the time to watch TV, I didn't see a campaign encouraging the Dutch to have a healthy diet and a healthy lifestyle. I asked the family, they had no knowledge of it. And walking in the city we saw to campaigns but for fast food.

3.c



My favorite speciality from the Netherlands is the "stroopwafel". A stroopwafel is a combination of two cookies and a caramel center but I don't have the recipe. Sorry !!!
However, I have the recipe of the Bitterballen. It is the recipe of my host family.

100 grams butter
150 grams flour
700 ml beef bouillon
30 grams fresh onion, minced
1 tablespoon fresh parsley, minced
400 grams cooked meat, shredded
Salt
Pepper
Nutmeg

For the breading
50 grams flour
2 eggs, beaten
50 grams bread crumbs



Melt the butter in a skillet or pan. When melted, add the flour little by little and stir into a thick paste. Slowly stir in the stock, making sure the roux absorbs the liquid. Simmer for a couple of minutes on a low heat while you stir in the onion, parsley and the shredded meat. The mixture should thicken and turn into a heavy, thick sauce.

Pour the mixture into a shallow container, cover and refrigerate for several hours, or until the sauce has solidified.

Take a heaping tablespoon of the cold, thick sauce and quickly roll it into a small ball. Roll lightly through the flour, then the egg and finally the breadcrumbs. Make sure that the egg covers the whole surface of the bitterbal. When done, refrigerate the snacks while the oil in your fryer heats up to 190 °C. Fry four bitterballen at a time.

3.d

During the travel we were able to practise different sports but I particularly liked. The day, we practise the tree climbing and the mountain bike. But the rules are not particular. Thus I am going to explain the rules of the game that we played on Friday.

There are two teams which sit on the side lines of the ground, face to face. In the middle of the ground, there is a teacher. He has different balls (soccer, basketball, hockey, dodge ball and handball). He calls out a number of players. The corresponding number of players is going to get up and to run to touch the opposite wall and to return in their parts of ground. The first team who arrive, wins the ball, chosen by the teacher. They have to play this sport. The first groups to score a point, wins a point. The players then to sit down an end of their respective teams. There is thus a rotation in the groups of the same team.

I have liked this game because I found funny to have to change sports at the last moment. It obliged us to respect some rules appropriate to the sport which we had to practise. Then given that the team of Netherlands was opposite the French team, it created a small rather funny rivalry. However the Dutch people won.

3.e

During my trip, I watching hockey match because my penpal plays .

The rules of hockey are very similar to the rules of football except that players must use sticks instead of their feet to play. There are 10 players and a Goalkeeper .

